

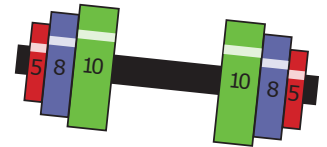
GUESS WHAT?!

A Devotional for Little (and Big) Humans • September 20th

Week 3: How Strong Are You?

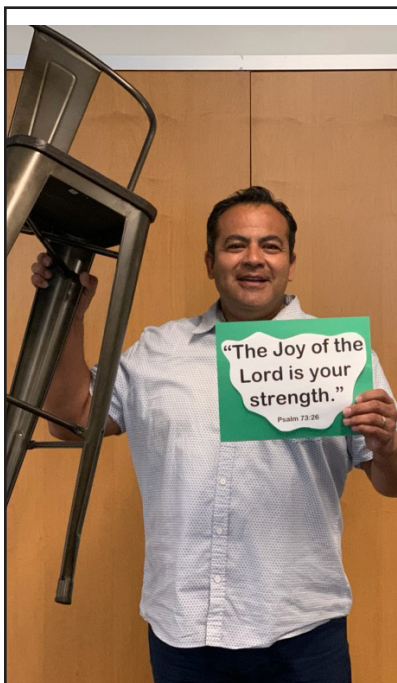
Guess What?!

You're pretty strong. We're guessing you can probably lift A LOT. In fact, you could probably lift an ENTIRE elephant if you really wanted to! Well, maybe not an ENTIRE elephant ... but for sure a stuffed animal, so congratulations on that!



But have you ever thought about your INNER Strength? That's how strong you are in your heart and your mind. It's your ability to start and finish a chore, complete a homework assignment, take pride in your work, and remain joyful. Sometimes, we want to take the easy way out and give up! But if we do, well, we aren't very strong at all, now are we? Our Bible verse for the week can help. Feel free to copy it down, put it on your refrigerator or mirror for the week so it can bring JOY to everyone who sees it and recite it in your daily prayers before school.

“The joy of the Lord is your strength.” Psalm 73:26



Guess What this means for us? You don't have to be strong on your own! God is here to listen to you. Simply talk to Him. Ask Him for strength to finish what you have started, be it homework, chores, or apologizing to someone you have hurt. Ask him for courage to overcome the things that you spend too much time worrying about like thunderstorms, spiders, or broccoli. After you turn these worries over to Him, we think you'll feel a lot stronger. He WILL help you.

The Challenge: Copy our Bible verse onto a piece of paper and then go find the HEAVIEST thing you can. Ask your parents to take a picture of you and be sure to flex those biceps (extra credit if you have a stuffed animal in the picture). Share your picture with family and friends to see if it makes them smile too.

If your parents will let you, post your picture to our **Guess What?! Facebook Group page**: https://www.facebook.com/groups/299921374444966/?notif_id=1597798794646798¬if_t=group_invited_to_group&ref=notif